## **Self-Based** Notions of Consciousness

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Phenomenal consciousness is often studied in terms of its (perceptual) *contents*:

objects, colors, sounds, pains, etc.







(One then usually asks how the subject happens to be conscious of these.)

- But the subject itself is conscious, even without such contents.
- Imagine, one by one, all perceptual items of which one is conscious disappearing.
- When all those are gone, one is not unconscious: one's conscious self is left.

- An elemental conscious self may be the most basic form of consciousness, an Urconsciousness.
- Not to be confused with consciousness of an autobiographical self, or an examined self, or self-consciouness in the colloquial sense of heightened social sensitivity.

Rather it is simply the awake state,





being at home, the lights on,



the what it's like to be, simpliciter.

- Self-based treatments of mental states arise in various settings, from natural language (Grice), to belief (Perry), sensation (Humphrey), perception (Peacocke), understanding (Searle), as well as consciousness.
- This communality may suggest a deeper connection, the primacy of a self-notion in all mental states.

- Ur-consciousness may provide a handle on the hard problem; at the very least it provides an <u>experiencer</u> (to whom perceptual contents, if present, may appear).
- What does the experiencer <u>experience</u>, in the absence of perceptual contents?

- Sensations? (Humphrey); but these can be absent as well.
- Perhaps the <u>passage of time</u> (Elman, Lloyd), as would be needed in a subject that takes — and monitors — actions.



ß pastß à presentß à futureà me becoming me becoming me

- But such time-passage is in the present subjective moment, processual.
- Experience is always passing, never frozen.
- Humphrey calls this thick time, the sense of the present moment as a moment in flux.

- Newton suggests thick time as the defining characteristic of the *hard problem*, why it is hard: it does not correspond to ordinary notions of physical time-instants.
- But thick time is characterized by its selfexperientiality; it might be (the ur-quale of) ur-consciousness.